

November
1981

NEW YORK CYCLE CLUB

Serving New York City since 1937

NOVEMBER, 1981

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Ride Listings

GUIDELINES FOR CLUB RIDERS

NYCC rides are intended to be friendly group rides; we don't like to "drop" or lose anyone. Riders whose personal or bicycle condition seems inadequate for the ride are to be turned back by the leader. Our leaders are truly reluctant to do this, so please cooperate with them:

- 1) Select rides within your capabilities--avoid downgrading the ride for your fellow riders and stressing yourself "trying to keep up"; or, conversely, demanding a faster pace than advertised.
- 2) Be on time or a bit early. Rides will leave promptly.
- 3) Have your bike in good condition: both brakes working, properly inflated tires, adjusted derailleurs, no loose parts.
- 4) Eat a good breakfast; bring water, snacks, spare tube, patch kit, pump; and lights for dark.

RIDE AND RIDER CLASSIFICATIONS

(See, also, the detailed classification graph in the Feb 1981 Bulletin)

	Riding pace
A+: ANIMALS: Anything goes. Eat up the roads, hills and all.	17+ mph
A. SPORTS(WO)MEN: Vigorous riding over hill and dale. High regard for good riding style. Can take care of themselves anywhere. Stops every two hours or so.	14-17 mph
B: TOURISTS: Moderate to brisk riding along scenic roads, including hills; destination not so important. Stops every hour or two.	11-14 mph
C: SIGHTSEERS: Leisurely to moderate riding. Destination oriented: nature, historical, cultural. Stops every half to one hour.	8-11 mph
D: BEGINNERS: Very leisurely sightseeing. Discovering the bike and their bodies; training up to C. Frequent stopping and regrouping. Do not believe reports about mere mortals riding 100 miles or more in only one day.	Less than 8 mph

Sunday November 1st.

SYOSSET QUICKIE. "A" - 65 miles. Meet Bob Friedman at 9:00AM at the C.P. Boathouse for a ride to the Friendly's in Syosset. Info: 724-4246.

Saturdays November 7th, 14th, 28th and Sundays November 22nd and 29th.

LEADERLESS RIDES. "A" - approximately 50-80 miles. Meet 9:00AM at the C.P. Boathouse. Destination to be decided by the riders who show up.

Saturday November 7th.

HACKENSACK SUBMARINE. "C+" - 40 miles. Some nice hills, one not nice hill(see below). Meet Ed Schweber at 9:00AM at th Central Park Boathouse for a ride across the G.W. Bridge to visit a WWII submarine docked on the Hackensack River(admission \$2.00); loop around Teterboro Airport(for you small plane freaks); take a detour to the Meadowlands Sports Complex and ride through the Northern fringes of the Meadowlands themselves(which viewed from the right angle and with the right attitude are actually quite pretty). The return to the bridge will be via the very steep Fort Lee Rd.; many will no doubt want to walk this one. Bring lunch or money for it. More info: 567-2661.

Sunday November 8th.

NYACK RIDE. "A" - approximately 45 miles. The distance will be determined by the weather. Meet Carl Kass at 116th Street and Broadway at 10:00AM for a ride across the G.W. Bridge through the Palisades and up Route 9W to Nyack or thereabouts. Some steep hills. For more information or if the weather is doubtful call Carl at 662-8366.

Sundays November 8th, 15th and 22nd.

SUNDAY AFTERNOON FALL RIDES. "B/C" - 25-50 miles. Meet David Miller at th Central Park Boathouse at 1:00PM for a 25-50 mile ride in N.J. The distance and destination will be determined by the weather. If the temperature is below 40°F. it is raining or snowing at 1:00PM the ride

will be cancelled. If the wind is more than 15mph the ride will also be cancelled. Please call the Saturday before the ride for details.
Days: 594-5267 Eves: 794-9365 (I work on Saturday.)

Sunday November 8th.

NO FLATS PLEASE TRIP. "C". Last spring 9 flats, this time 0. Meet 9:30AM at 15 State Street (Seamens Church, 1½ blocks north of the Staten Island Ferry). We will take the ferry and the pedal to Eastern Staten Island to Great Kills Park (round trip 18 miles). I group ambition warrants, we will continue to Wolfs Pond Park and Tottenville (additional 14 miles). Bring spare tube, patch kit and tire irons (for show only). Bring lunch. Ride cancelled for rain. Info: Call Mike Antanis at 201-420-6234 after 5PM weekdays. Joint - AMC

Wednesday November 11th.

MONUMENTAL RIDE FOR VETERAN CYCLISTS AND OTHERS. "C" - 15 miles - flat. Meet 10:00AM at Castle Clinton, Battery Park. Ride uptown, going by American Patriot's memorials ending at Grant's Tomb or Fort Tryon Park. Leader: Marion Bahensky - 242-7688. Joint AMC

Saturday November 14th.

BIKE BROOKLYN BRIDGE TO NARROWS BRIDGE. "C" - approximately 30 miles. Meet 9:30AM at the Sixth Ave. Bike Shop (15th St. - Tel: 255-5100). Meet Brooklyn group at 10:30AM at the Brooklyn Bridge footpath exit. Ride through Brooklyn Heights to the bike path along the bay. Bring lunch. Ride cancelled for rain or gales. Bike renters call the bike shop in advance. Leader: Marion Bahensky - 242-7688. Joint AMC

Sunday November 15th.

TREE COUNTY 75 MILE PATCH RIDE. "A" - 75 miles. "Follow Dashing Dan, then it's Friendly's treat; ride the circuit round, you're in full retreat; speed on the flats, strength in the hills; this dandy number wins a bundle of thrills." Meet John Lubaszka at 7:00AM (leaving at 7:30AM sharp) at the Cunningham Park Parking Lot (Union Turnpike between Francis Lewis Blvd. and 193rd St., Queens). Bring map, money, lock and chain and other bike necessities. To receive your patch, you must have a valid AYH pass and finish the ride within 7 hours. Ride will be cancelled if temperature is below 32°F. Joint AYH

Sunday November 15th.

RIDE: RUB-OUT TOUR. "C". Meet Matthew Stevenson 9:30AM at Umberto's Clam House (Mulberry St. a few blocks north of Canal St. in Little Italy), naturally, to visit the scenes of notorious New York Crimes. Includes murders from fact and fiction - Joey Gallo, assorted mobsters and characters from the novels of S.S. Van Dine.

Saturday November 21st.

BEDFORD VILLAGE. "A" - 70-80 miles - moderately hilly. Meet Ed Schweber and Richard Seltzer at the G.W. Bridge Bus Terminal (178 St. and Broadway) at 7:30AM for an improved version of Ed's Bedford Run of last September. We will use a better route out of the Bronx and all the unpaved roads except for the very scenic and well maintained dirt road around Byram Lake have been eliminated. More info: Ed - 567-2661 or Richard - 568-2593 (before 10PM).

Thursday November 26th - Sunday November 29th.

PENN-DUTCH THANKSGIVING TRIP. Join leaders Jim Ver Ecke and Carole Chavanne for their annual tour of the Pennsylvania Dutch Country - featuring easy to moderate riding and plentiful eating. Trip cost is \$95 (less if car pools can be arranged) and includes food, transportation and lodging at a

hostile. Advance sign-up at AYH is required. The pre-trip meeting is at AYH(132 Spring St., Manhattan) on Monday Nov. 16 at 7:00PM. Joint AYH

November Club Meeting Program

OF THIGHS AND HEARTS

I caught Ed admiring his thigh muscles in the mirror a few days ago, and I had already heard him express his determination to keep his legs intact throughout the long wintery months when he doesn't take his Southern-made body or his Colorado-made bike out of the apartment. There in lies a Winter's Tale....and a November program.

Ed Flowers has his plan, and he has already put it into action: Racermate and Sara's temporarily retired bike; but the magic dispeller of boredom has been added in the form of a Pacer 2000H. He plans to quantify the magic that produced those beautiful thighs: pedalling pace, miles per hour, and proper pulse rate. He'll give you a demonstration...the Pacer as well as the thighs...and tell you more about his master plan. We hope you will come with your own winterizing plan (past or present) and your own pair of beautiful thighs. Actually, Ed is also quite interested in the proper pulse rate. Do you know what your limits are? Ed will help you determine.

Join the group at 6:00PM Tuesday, November 10, for conversation, ride info, food, meeting and program. We meet at Artemis Restaurant, 75 Duane Street (just off Broadway, two blocks north of City Hall).

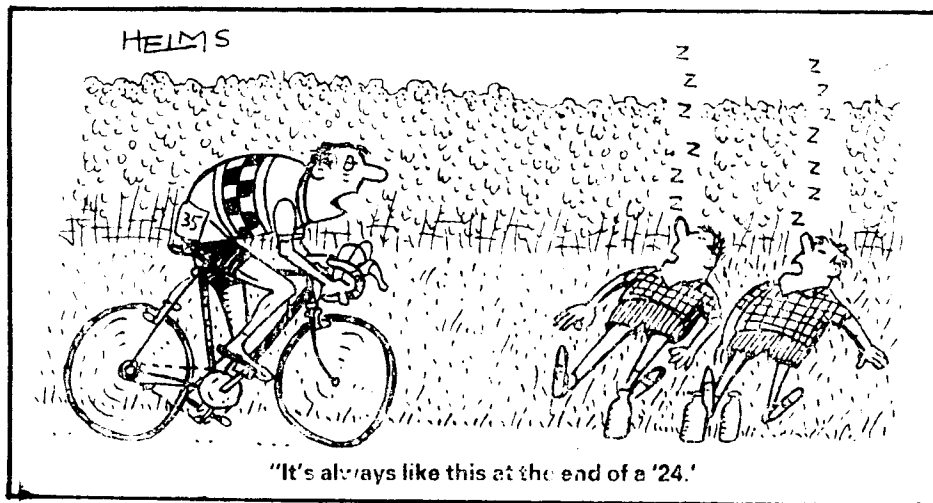
Sara S. Flowers, Programs

October Board of Directors Meeting

SUMMARY OF MINUTES (UNAPPROVED):

1. The procedure for the balloting for 1982 Club Officers was discussed in detail.
2. Chris Mailing reported that the October bulletin cost more than usual because of the screening necessary for the photograph on the cover.
3. Chris Mailing volunteered to compile a special complimentary issue of the bulletin to be distributed to all new members in 1982, and to renewed members on request. The Board approved the publication of this special issue.
4. Using Irene Walter's draft flowchart, the procedure for distribution of bulletins was discussed and clarified.
5. Sara Flowers reported that she has received \$65 in individual donations for the Bill Baumgarten Memorial Tree. She said that the tree will be planted Saturday, October 17, at noon, without formal ceremony, in Inwood Hill Park at 218 Street and Indian Hill Road.
6. The next Board meeting will be held Tuesday, November 3, 1981.

Copies of the complete, approved minutes are available from Irene Walter.



Commercial Advertising Policy

Pricing	Full page advertisement	\$50.00
	Half page advertisement	30.00
	Quarter page advertisement	20.00
	Eighth page advertisement	15.00
	Per line (min. three lines)	3.00

- Placement to be done by the Bulletin Editor
- Any member who has paid dues before Labor Day may advertise three lines for free until the following April 30
- Any member who pays dues after Labor Day may advertise three lines for \$5.00 until the following April 30
- Other clubs or organizations are not exempt from this policy unless the Board of Directors determines otherwise
- The Bulletin Editor may reject unsuitable advertising, with appeals made to the Board of Directors

The 1981 Bill Baumgarten Memorial All Club Ride

by
Ed Flowers

"What's Westchester like?" Ed asked. "It's hilly," Irv Weisman replied.

"I think we should have an All Club Ride in Bill Baumgarten's memory up in the Westchester area," said Chris. "We can eat lunch at Kingsland Point Park after riding up Broadway and Warburton Avenue and the Sleepy Hollow area."

"When are we going to get going?" asked Connie Orentlicher and Art Guterding as they hopped from foot to foot. Answer: When Dave finishes fixing Karen's tire (in front of the boathouse).

We all looked like fall leaves in our bright cycling jerseys as we rode up Warburton Avenue.

"The museum didn't open on time," said Phyllis Lehmann, who seemed to be riding the wrong way on the Club Ride, followed by her trusting flock.

We all milled about in front of the delicatessen, making the locals wait in line as the mothers spanked their impatient children. Irene Walters had brake trouble. Someone gave advice.

"It wouldn't be a C ride unless someone's bicycle broke down," said Ed.

On the road again, we passed a field full of grade schoolers playing what must have been soccer.

"Hello! middle America," shouted Gerry Scher, waving jubilantly at the soccer players sprinkled over their green field overlooking the Hudson.

"Let's keep this a high-class ride," said Paul Grieder.

Kingsland Point Park is a little triangular spit of land that puts you out in the Hudson River above the Major Deegan Bridge and below a yacht basin as you look across the river toward Palisades Park on the western shore.

"You know," said Ed to Art, "we had a clear view of the river before George, Larry, and Tony moved their picnic table."

"Giggle, giggle, giggle," said Marsha Taggart.

"I think I'll hit my front derailleur with a rock again," said Martha Ramos.

"You wear those green shoestrings for visibility, right?" Ed asked Dave Miller. "No. I think they dress up the outfit," Dave replied.

Mince, mince, mincey, mincing little steps down the hill to the picnic tables are made by some of the A riders who had done 100+ miles the day before the big club ride.

"I think this big tree is a better spot," said Ed to Dave just after lunch.

"Puff, puff, puff," Dave Miller, Bob Friedman, Irene Walter, and Barbara Wood.

An assault is made on the rest rooms and water fountains of the Henry Hudson Museum.

Martha and Paul turn left. Dave goes straight as we return to the City. "Let's see something new," said Dave as he struck off on a particularly adventurous route through Yonkers.

I hope that Bill would have appreciated some of the high times perpetuated in his name.

The most impertinent question of the week preceding Columbus Day has got to be --
"Are you going to SCOR this weekend?"

Fifteen NYCC members answered yes! They were among a full-house of 130 at this 10th SCOR, held over the Columbus Day Weekend at Tennanah Lake Shore Lodge in Roscoe, N.Y.

Seen amidst the brilliant golds, oranges and reds of the gorgeous peaked Southern Catskill Mountains fall foliage, in beautifully clear, cool (early morning frosty) weather, were:

Margaret Barone, with three generations of good-looking family--husband, daughter, and grand-daughter; Herb Dershowitz, whose free-wheel fell off one day; Ed Flowers -- both of his tires went flat on Saturday's Half-Century; Sara Flowers, in her walker, reading everything in sight at the Lodge or soaking her knee in the hot water pool; Roz Goldstein, a welcoming committee in the cocktail lounge at 11 p.m. Friday evening;

Bill Hoffman, who, after Saturday's Century, ate seven desserts; Hannah Holland and Richard Herbin, hospitalized over Friday night and grounded off their tandem for the weekend by food poisoning attributable to either breakfast or a snack early Friday en route to SCOR!; Martha Ramos and Marsha Taggart, who stayed at Antrium Lodge in Roscoe, but rode their share of SCOR "rolling" hills;

Ernie Roth, who "only goes on Club weekend rides," whizzing by with former NYCC member Helen Bashkin, who moved to Beacon, N.Y. earlier this year and loves it; Barbara Wood, cycling a 9-hour Metric on Sunday; Irv Weisman asking Richard Hanak (a prosthetist in some of his non-cycling hours) what can be done for male anatomy that is sometimes flaccid; and me, in the sauna in my underwear (I forgot my bathing suit, but who's looking?).

The food was good and plentiful, the approximately eight rides ranged from a 10-miler around the Tennanah Lake area to a very demanding Century with two 1000-foot climbs, and Dan Henry entertained us Saturday night with suggestions on how to "Keep Excitement Forever Alive in Your Cycling."

Many thanks to the sponsoring Catskill Wheelmen, and to all the NYCC cyclists mentioned above, who helped make this autumnal holiday weekend warm.

Membership Update

The following members have joined since Labor Day, bringing total membership to 270:

Jim Boyd	215 W.78th St. #3B	New York, NY	10025	
Marietta Chicorel	275 Central Park West	New York, NY	10024	362-1442
Tim E. Fitzgerald	3265 Fairmount Ave.	Bronx, NY	10465	892-2830
Kenneth Hershberg	143 E.35th St.	New York, NY	10016	679-2031
Harry Lichtenstein	2224 Hering Ave.	Bronx, NY	10469	231-9035
Cathie Lyons	200 W.79th St.	New York, NY	10024	874-1014
David Moses	1147 E.72nd St.	Brooklyn, NY	11234	763-6398
Alice Murphy	200 W.79th St.	New York, NY	10024	874-1014
Frank Petralito	3 Hanover Sq. #17G	New York, NY	10004	425-1979
Joe Randel	1625 Second Ave.	New York, NY	10028	861-3930
Sue Saretsky	82 Pierrepont St.	Brooklyn, NY	11201	624-1090
Richard Siegle	58 Van Reypen St.	Jersey City, NJ	07306	(201)792-4890
Jim Williams	813 Eighth Ave. #1	Brooklyn, NY	11215	499-7478

CORRECTIONS to the roster printed in the October Bulletin:

John J. Mulcane	73-12 35th Ave. #F65	Jackson Hgts, NY	11372	672-5272
Vickie Varnuska	559 W.186th St. #3R	New York, NY	10033	781-4213

Ride Results

Date	Leader(s)	Class	Riders	Trip Miles	Club Miles
6/6	Leaderless	A	4	50	200
6/6	Ohman/Scher	B	2	50	100
6/6	Abramson	C	49	15	735
6/6	Cohen/Ramos	C	Cancelled		
6/6-6/7	Lubaszka	A	4	220	880
6/7	Mailing	A	4	100	400
6/7	Munves/Wong	B	35	65	2275
6/7	Weisman	B	4	54	216
6/7	Antanis	C	4	30	120
6/13	Mailing	A	4	60	240
6/14	Bauman	A	Cancelled		
6/14	Miller	B	Cancelled		
6/20	Leaderless	A	Cancelled		
6/20	Cohen/Ramos	C	Cancelled		
6/21	Mailing	A	9	110	990
6/21	Weisman	B-	8	57	456
6/21	Abramson	C	35	40	1400
6/27-28	Bauman	A	8	220	1760
6/27	Ramos	C	7	35	245
6/28	Leaderless	A	4	50	200
6/28	Baumgarten	B+	Cancelled		
6/28	Ramos	C	2	20	40
6/30	Bergman	B	8	75	600
7/4	Leaderless	A	Cancelled		
7/4	Ramos	C	Cancelled		
7/5	Leaderless	A	4	85	340
7/5	Ramos	C	Cancelled		
7/10	Bergman	D	12	15	180
7/11	Leaderless	A	4	50	200
7/12	Bauman	A	31	150	4650
7/12	Weisman	B	9	63	567
7/11	Chavanne	C+	43	50	2150
7/12	Abramson	D	6	10	60
7/18	Leaderless	A	2	50	100
7/18	Ramos	C	12	45	540
7/18-19	Bates/Silverstein	A	8	220	1760
7/19	Mailing	A	8	95	760
7/19	Miller	B	8	75	600
7/19	Weisman	B	8	65	520
7/19	Lehman/Ramos	C	8	40	320
7/25	Leaderless	A	2	50	100
7/25	Flowers	C	8	30	240
7/26	Veder	A	17	110	1870
7/26	Orentlicher/Ramos	A-	3	90	270
8/1-2	Lubaszka	A	4	220	880
8/1	Leaderless	A	2	60	120
8/1	Taggart	B-	9	65	585
8/1	Lehman	C	8	35	280
8/2	Lasoff	A	6	120	720
8/2	Ramos	B-	7	70	490
8/5	Guterding	B	5	30	150
8/8	Leaderless	A	Cancelled		
8/8	Taggart	B-	Cancelled		
8/8	Flowers	C	Cancelled		

continued on back cover

Ride Results, continued

Date	Leader(s)	Class	Riders	Trip Miles	Club Miles
8/9	Friedman	A	10	100	1000
8/9	Weisman	B	9	75	675
8/9	Ramos	C	Cancelled		
8/12	Guterding	B	3	30	90
8/15	Leaderless	A	2	50	100
8/15	Flowers/Guterding	B+	5	45	225
8/15-16	Mailing	A	8	275	2200
8/16	Leaderless	A	2	60	120
8/16	Miller	B	7	75	525
8/19	Guterding	B	3	30	90
8/22	Leaderless	A	2	50	100
8/22	Bates	B	21	60	1260
8/22	Taggart	C	11	40	440
8/23	Schneiderman	A	12	110	1320
8/23	Ramos	C	6	25	150
8/26	Guterding	B	3	30	90
8/29	Leaderless	A	2	50	100
8/29	Ramos	C	Cancelled		
8/30	Bauman	A	35	120	4200
8/30	Weisman	B	11	80	880

"A" Miles=25,580 "B" Miles=10,394 "C" Miles=6,660 "D" Miles=240
Total Club Miles=42,874

New York Cycle Club, Inc.
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FIRST CLASS